

**Vineyard 5-Step Prayer Model**  
**Vineyard Columbus**  
**October 2014**

**I. Why we do healing prayer:**

- Jesus told us to: Luke 9:1-2; Matthew 10:7; Luke 10: 1 – 23,
  - Kingdom of God in proclamation & demonstration
- Jesus gave us the authority:
  - Great Commission: Matthew 28:18-20, Matthew 10:1
- Jesus promised we would do greater things than He did.
  - John 14:12

**II. Practical Steps in Healing Prayer:**

A five step model: Introduced by John Wimber in his book, *“Power Healing”*.

- Not a formula, but a model we have found that works.
- Not positive thinking (some sympathetic thing with the nervous system “spontaneous healing”)
- Not limited to the physical. People need to be healed emotionally, too.

**Step 1 – The Interview**

Seek to answer the question – “Where does it hurt?”

- A. Begin by asking the person what you would like to pray about.
- B. Listen to their answer on two levels: Natural and Supernatural
- C. TIP: Keep interview brief. Tempted to spend too much time talking. No more than 10% of total time. We are not there to Counsel!!
  - All you need to know is, “Where does it hurt?”

**Step 2 – The Diagnostic Decision**

Pray to God and seek to answer the question, “What is the root cause?”

- A. Ask, “Do you mind if we wait on the Lord for a moment?” Lord uses words of prophecy, impressions, distinguishing of spirits to give us insight.

**Step 3 – Prayer Selection**

Based on the diagnostic decision, how should I pray for this person?

- A. Healing prayers fall into two general categories:
  1. Intercession – Means to “go or pass between” i.e. we pray example: “Lord heal Bob of this condition.”
  2. Supplication: The person prays for their own healing
  
- B Confession – If sin is root cause, power of sin is broken by confession (repentance)
- C. Command – Speaking a word of command to a body part, a demon...
- D. Blessing – The Lord leads you to bless the person
- E. Rebuke – The Lord leads you to rebuke a spirit that is manifesting

#### **Step 4 - Ministry Time**

Where we actually pray for the sick or needy person

- A. Laying on of hands: Ask first!
- B. Invite HS to come

Healing depends on the manifest presence of the Lord.

- C. Guidelines for effective prayer: Look, Ask, and Listen!
  1. Look – Pray with your eyes open! Not sure why we close our eyes. If you do, you’ll miss the physical manifestations.
  2. Ask – gently, quietly, not too quickly
  3. Listen – Not too many words!

#### **Step 5 – Post-Prayer Direction**

Helps the person digest what has just occurred

Answers the questions: “What should this person do to remain healed?” or “What should this person do if he or she was not healed?”

- A. People not healed, reassure them that God loves them and encourage them to seek more prayer. Direct them to a kinship or other small group if they aren’t already in one.
- B. If they are healed (as appropriate) – Practical advice, determined by the problem

#### **FINAL THOUGHTS:**

Take risks: You will look foolish. Ask yourself: Would I rather makes mistakes and look foolish, and eventually see healing, or would I rather look good?

Don't be afraid to fail: Steve Nicholson (Vineyard pastor)– The way to hit lots of home runs is to swing at anything that is anywhere near the plate. People are rarely irritated when you pray for them and nothing happens.

Be sensitive to whether or not the person is saved. Great opportunity to lead someone to Christ.